

2007 UK OPEN POWERLIFTING & BENCH PRESS CHAMPIONSHIPS
30TH SEPTEMBER - VENUE: YMCA, STEPHNEY STREET, LLANELLI, SOUTH WALES

Weight Class	Age Class	Age	BW	Comp	Name	Nation	Team	SQ 1	SQ 2	SQ 3	SQ 4th	BP 1	BP 2	BP 3	BP 4th	Sub. Tot.	DL 1	DL 2	DL 3	DL 4th	Total Result	Comments
GROUP ONE																						
POWERLIFTING																						
60	O	26	59.3	P	Heather Scullion			92.5	102.5	107.5		37.5	45			152.5	105	120	130		282.5	1st
67.5	M40+	43	62.6	P	Adam Willis				180				117.5			297.5	180	190	195br		502.5	1st
82.5	Jun	23	81.2	P	Arram Eghoyam			190	210			160				370	210	230			600	1st
82.5	Jun	20	81.2	P	Arwyn Brain			170	180	190		125		135		325	170	180	190		515	1st
90	O	38	89.85	P	Philip Watkins																	Bombed
82.5	M40+	40	86	P	Lee Hough			190				130	135			325	190	200			525	1st
100	O	35	92.4	P	Joseph Roderick			180	190	200		135	145	155		355	200	215			560	1st
90	M40+	44	92.1	P	John Boyer			195	205			140	145	150		355	180	190			555	1st
BENCH PRESS																						
82.5	Jun	23	81.2	BP	Arram Eghoyam							160									160	1st
90	Jun	20	86.8	BP	Chris Donoghue							135	140								140	1st
110	M40+	44	102.3	BP	Tony Brown																	Bombed
125	M40+	42	125.5	BP	Charlie Evans							190	195br								195	1st

Best Overall Bench Press: Charli Evans
Best Overall Powerlifter: Adam Willis

br: denotes British Record
Referees: Bob Campbell
Allison seabright
David Carter