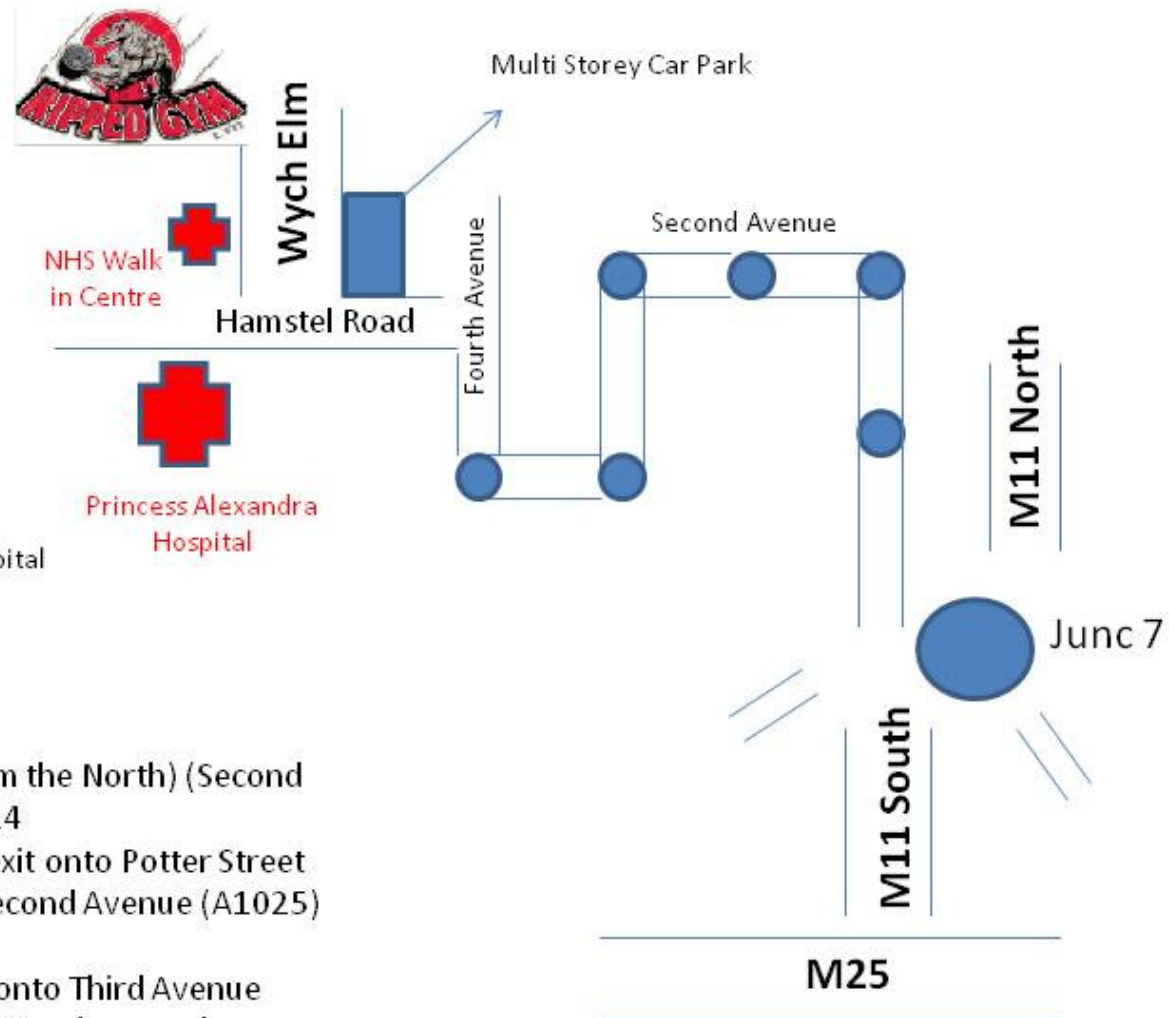


DIRECTIONS

Ripped Gym

4 Wych Elm
Harlow
Essex
CM20 1QP
Tel: 01279 433 043



Sat Nav CM20 1QP

If in doubt follow signs for Princess Alexandra Hospital

M11 Exit Junction 7 (A414)

1. At the roundabout take the 4th exit (from the North) (Second exit from the South) onto Potter Street A414
2. At the roundabout (straight across) 2nd exit onto Potter Street
3. At the roundabout take the 1st exit on Second Avenue (A1025)
4. Pass through 2 roundabouts
5. At the 3rd roundabout take the first exit onto Third Avenue
6. At the roundabout take the 2nd exit onto Haydens road
7. At the roundabout take the 3rd exit onto Fourth Avenue
8. Take the first left into Hamstel Road
9. Take the second right into Wych Elm