

News History 2006

December 2006

2006 British Benchpress and Dead Lift Challenge, Bath results added.

October 2006

BPO page updated with latest records.

UK Open Championships results added.

August 2006

BPO page updated with latest records.

July 2006

BPO page updated with latest records and forthcoming Competition Forms.

EPC European Championships - British Team Managers Report Team Photograph

May 2006

BPO page updated with latest records and Calendar of events.

Please read the latest ruling on Powerlifting and Benchpress Lifting Apparel located in BPO Information Section.

April 2006

A new British Powerlifting Organisation Web Site will be on line soon. Your comments regarding general appearance and contents would be appreciated. Could you please direct all E-mails regarding this and any other BPO matter to David Carter.
British Championships at Bath Television Interviews added - See Link
BPO Benchpress and Men's Powerlifting Records Updated

March 2006

Added 19 March - England Championships Results

Added 04 March - England Championships Results

January 2006

Added 21 January 2006 - Error rectified in BPO Powerlifting records re. Shaun Davies

Added 13 January 2006 - Error rectified in BPO Benchpress records re. Phil Benison

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