

## **News History 2005**

### ***December 2005***

*2005 UK Benchpress and Deadlift Record Breakers Championships*

Results/Photographs- Swansea

*2006 BPO Membership Form*

*2006 Calendar of Events - Latest Update*

*BPO Updated Records*

### ***October 2005***

Modified 2005 Calendar of Events. (See change of date and venue of Benchpress and Deadlift Championships)

2005 UK Open Championships Results

2006 Calendar of Events

### ***July 2005 - 2005 EPC European Powerlifting & Benchpress Championships***

Well done to the British team. Please see Championship Report.  
See the Main WPF results page for full details.

### ***April 2005***

2005 British Powerlifting Championships, Port Talbot

### ***March 2005***

2005 Calendar of Events

### ***January 2005***

2005 Calendar of Events