

BRITISH POWERLIFTING ORGANISATION

EST. 1994

“Lavieville”, Field Way, Tongham, Farnham, Surrey. GU10 1BQ Great Britain

Tel: 0044 (0)7770 757321

Fax: 0044(0)1252 334800

E-mail: D-CARTER5@sky

E-mail: davidtcarter@live.co.uk

Web: www.britishpowerliftingorganisation.co.uk

Web: www.epcpowerlifting.com

Web: www.wfpowerlifting.com

TALCUM (BABY) POWDER

The BPO Executive Committee has NOT endorsed the WPF new rule on use of Talcum (baby) powder for the following reasons:

- It has been a good rule in existence for 10 years
- It is for the safety of all lifters.
- It is an enabling substance that will have an affect on a lifters grip.
- It cause lifters feet to slip.
- It causes immense cost to Meet Directors in cleaning up mess.
- The dust particles damage electrical equipment and computers.
- That those lifters that use talc have had no regard to other lifters safety, the mess and clean up costs.

At ALL BPO Championships lifters will be allowed to use the POOL CHALK ONLY on their thighs for the Dead lift.

Executive Committee
British Powerlifting Organisation
1st January 2010

- Fortis Est Potentia -

Affiliated to the World Powerlifting Federation and the European Powerlifting Congress