



**WPF – World Powerlifting Federation  
2012 World Championships  
Powerlifting, Single Lift Bench Press and Dead Lift**

**Venue:** Connaught Leisure Centre,  
Aldershot, Hampshire GU12 4AS England  
Entry to BPO by NO later than 21st September  
Meet Director: BPO Executive

Powerlifting, Single Lifts Bench Press and Dead Lift Championships will be integrated, which will mean lifters can multi enter each championships, by paying entry fees for each championships, but will only have to lift once.

**Proposed** Lifting and Weigh in schedule. Competition starts every day at 10:00 am

**Thursday 1<sup>st</sup> November** WPF Congress meeting, 19:00 hours  
Venue: Connaught Leisure Centre, Aldershot, Hampshire GU12 4AS England

**Friday 2<sup>nd</sup> November** Opening Ceremony, Powerlifting Single lifts BP & DL: All Women classes and categories All men up to 82.5 kg classes and categories. Start time 10:00  
Awards Presentation: Powerlifting, Single lifts BP & DL.

**Saturday 3<sup>rd</sup> November Powerlifting:** Powerlifting Single lift BP & DL All men 90 kg to 110 kg classes and categories. Start time 10:00  
Awards Presentation: Powerlifting, Single lifts BP & DL.

**Sunday 4<sup>th</sup> November Powerlifting:** Powerlifting Single lift BP & DL All men 125 kg to 140+ kg classes and categories. Start time 10:00  
Awards Presentation: Powerlifting, Single lifts BP & DL.  
Awards Presentations: Best Lifters & Best teams,  
Closing Ceremony

**Weigh in:**

Thursday 1<sup>st</sup> November 10:00 - 11:30 am only Friday - lifter  
15:30 - 17:00 pm only Friday – lifter

Friday 2<sup>nd</sup> November 08:00 - 09:30 am only Friday - lifter  
10:00 - 11:30 am only Saturday - lifter  
15:30 - 17:00 pm only Saturday – lifter

Saturday 3<sup>rd</sup> November 08:00 - 09:30 am only Saturday - lifter  
10:00 - 11:30 am only Sunday - lifter  
15:30 - 17:00 pm only Sunday – lifter

Sunday, 4<sup>th</sup> November 08:00 – 09:30 am only Sunday – lifter

The Meet Director reserves the right to vary the above schedule after lifter entry closing date, if required to accommodate the time table.

[www.britishpowerliftingorganisation.com](http://www.britishpowerliftingorganisation.com)

**LINK: WPF2012**