

BPO British Powerlifting Records - Men's					
Master 40-44					
Class	Lift	Kg	Name	Country	Date
56kg	Squat	155	Mellor G		
	Benchpress	82.5	Mellor G		
	Deadlift	175	Mellor G		
	Total	421.5	Mellor G		
60kg	Squat				
	Benchpress				
	Deadlift	190	Dowers Graham		11.12.05
	Total				
67.5kg	Squat	190	Willis, Adam		19.04.08
	Benchpress	120	Willis, Adam		22.06.07
	Deadlift	200	Willis, Adam		01.12.07
	Total	510	Willis, Adam		19.04.08
75kg	Squat	282.5	Callan J		
	Benchpress	180	Callan J		
	Deadlift	277.5	Callan J		
	Total	740	Callan J		
82.5kg	Squat	290	Duffy M		
	Benchpress	190	Duffy M		
	Deadlift	290	Duffy M		
	Total	770	Duffy M		
90kg	Squat	315	Drury, Dean		24.11.06
	Benchpress	200	Beniston Phil		19.04.08
	Deadlift	292.5	Phillips K		
	Total	765	Drury, Dean		26.06.05
100kg	Squat	380	West W		
	Benchpress	215	Bell P		
	Deadlift	345	White A		
	Total	945	West W		
110kg	Squat	342.5	Allison R		
	Benchpress	230	Walker I		
	Deadlift	362.5	White A		
	Total	900	Allison R		
125kg	Squat	420	Neighbour J		
	Benchpress	255	Neighbour J		
	Deadlift	388	Carter D		
	Total	1020	Neighbour J		
140kg	Squat	300	Evans C		22.04.06
	Benchpress	190	Evans C		22.04.06
	Deadlift	265	Evans C		13.11.05
	Total	740	Evans C		22.04.06
140kg+	Squat	412.5	Tregloan P		
	Benchpress	250	Tregloan P		
	Deadlift	368	Tregloan P		
	Total	1027	Tregloan P		