

BRITISH POWERLIFTING ORGANISATION

2011 UK OPEN CHAMPIONSHIPS - 1ST FLIGHT - POWERLIFTING & DEAD LIFT

NEW DOCK STARS CLUB, LLANELLI, CARMARTHENSHIRE, WALES - 11TH SEPTEMBER

M/N	NR	ST.	CAT.	BDW.	NAME	Town/City	CAT.	SQUAT				BENCHPRESS			DEADLIFT			TOT.	Wilks	PL.	4. SQ	4. BP	4. DL	Coef.
								1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.							
POWERLIFTING																								
m																								
m	6	67.5	66.90	Shane Drury 20	Winchester	Jun	100.0	120.0	-135.0	120.0	65.0	75.0	90.0	210.0	120.0	135.0	150.0	360.0	279.58	1.				0.7766
m	6	-67.5	66.80	Adam Beniston 26	Mablethorpe	Open	110.0	125.0	140.0	140.0	70.0	-75.0	-75.0	210.0	140.0	150.0	160.0	370.0	287.68	1.				0.7775
n	6	-82.5	75.40	Sue Davies 43	St Ives	W-M40+	-140.0	140.0	150.0	150.0	-110.0	-115.0	-115.0	40.0				40.0	37.90					0.9475
m	8	-90	87.60	Louise Price 26	Kidderminster	W-Open	130.0	150.0	160.0	160.0	100.0	110.0	116.0	276.0	140.0	150.0		426.0	372.41	1.	120.0			0.8742
m	9	-82.5	82.50	Jack Woodyatt 18	St Ives	Teen	-180.0	180.0	190.0	190.0	120.0	130.0	137.5	327.5	180.0	200.0	220.0	547.5	366.77	1.				0.6699
m	9	-82.5	82.50	Steve Knight 37	Kidderminster	Open	180.0	190.0	195.0	195.0	130.0	140.0		335.0	220.0	230.0	240.0	575.0	385.19	1.				0.6699
m	9	-82.5	81.20	Paul Fishlock 41	Southampton	M40+	215.0	225.0	235.0	235.0	135.0	-137.5	-137.5	370.0	210.0	220.0	-232.5	590.0	399.08	1.				0.6764
m	7	-82.5	81.70	Sam Sandhu 70	Aldershot	M70+	100.0	120.0	130.0	130.0	80.0	82.5	85.0	215.0	100.0	110.0	120.0	335.0	225.76	1.				0.6739
DEAD LIFT																								
m																								
m		-75	74.50	Matthew Price	Ebbw Vale	Jun									190.0	200.0	-205.0	200.0	143.18	1.				0.7159

MC: David Carter

HEAD-REFEREE
Dean Drury INT
BRITISH RECORD

LEFT-REFEREE
NAME: Robert Campbell INT

RIGHT-REFEREE
NAME: Frank Heaton NAT