

BRITISH POWERLIFTING ORGANISATION

011 ALL COMERS OPEN CHALLENGE BENCH PRESS CHAMPIONSHIPS

ATLAS WORKOUT WAREHOUSE, ALFERTON, DERBYSHIRE - 10TH JULY

ST.	CAT.	BDW.	NAME	Town/City	CAT.	SQUAT				BENCHPRESS				DEADLIFT			TOT.	Wilks	PL.	4. SQ	4. BP	4. DL	Coef.
						1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.	3.							
BENCH PRESS 1st FLIGHT																							
-67.5		66.30	Gurnaik Birring 20	Derby	Jun					140.0	-150.0	150.0	150.0				150.0	117.35	1.	155.0		0.7823	
-75		71.60	Dale Toland 22	Derby	Jun					100.0	112.5	-125.0	112.5				112.5	82.88	2.			0.7367	
-75		73.00	Gerrard Hart 20	Kidderminster	Jun					155.0	160.0	162.5	162.5				162.5	118.04	1.	-165.0		0.7264	
-75		72.30	Robert Truscott 38	Derby	Open					205.0	-210.0	-210.0	205.0				205.0	149.96	1.			0.7315	
90		87.30	Mike Toland 51	Derby	M50+					100.0	-110.0	120.0	120.0				120.0	77.84	1.			0.6487	
-90		89.60	Dean Drury 47	Fleet	M45+					175.0	-180.0	-180.0	175.0				175.0	111.97	1.			0.6398	
BENCH PRESS 2nd FLIGHT																							
-110		108.20	Kevin Maher 50	Stourport	M50+					200.0	-210.5	210.5	210.5				210.5	124.53	1.			0.5916	
-125		121.10	Scott Heaton 33	Sheffield	Open					220.0	225.0	-232.5	225.0				225.0	129.08	2.			0.5737	
-125		125.00	Oliver Williamson 25	Nottingham	Open					240.0	250.0	-260.0	250.0				250.0	142.45	1.			0.5698	
-140		130.60	Robert Wiejas 34	Glasgow	Open					275.0	285.0	292.5	292.5				292.5	165.29	1.	-300.0		0.5651	
-140		126.00	Sean Hayes 40	Andover	M40+					200.0	215.0	-220.0	215.0				215.0	122.31	1.			0.5689	

HEAD-REFEREE
 NAME: Robert Campbell INT
 BRITISH RECORD

LEFT-REFEREE
 NAME: David Carter INT

RIGHT-REFEREE
 NAME: David Tickle INT